



Be Your Child's Compass Point

Making Sense of Discipline

A video course for parents and professionals

by **Gordon Neufeld Ph.D.**

Facilitated by April Quan

Three Sunday afternoons January 26, February 2 & 9

3:00 to 5:15 pm

Each session is a one-hour video presentation by Dr. Neufeld followed by group discussion with April Quan

Waldorf Academy

250 Madison Ave (near Davenport) Toronto

\$90 single / \$135 couple

Registration – truenorthparenting.ca

Parents and teachers want to know “What do I do *when...*?” but typical answers to this question don’t take into account the larger context of the child’s long-term development and how parents can maintain order while supporting a child to reach their full potential as a healthy human being.

In this course, some popular discipline practices, like time-outs and consequences, are discussed from this perspective. The course aims to equip parents and teachers with the inner confidence to handle problem behaviour and to provide discipline strategies that are attachment-safe and developmentally-friendly.

Some past participants said:

“April - I want to say a big thank you for offering the Discipline course... I only wish I'd attended something like this sooner. I'm back on dry land and feeling more able and confident. Thank you again.”

“Discipline is no longer a word I associate with disobedience and frustration. I now associate the term with the exercise and practice of patience and compassion... I have highly recommended this course to my circle of friends as well as my relatives and I strongly urge and invite anyone with children, children on the way, or anyone planning on having a family to consider attending.”



Dr. Gordon Neufeld has a widespread reputation for making sense of complex problems and opening doors for change. He is a Vancouver-based developmental psychologist with over 40 years of experience with children and youth and those responsible for them. His revolutionary yet scientific approach turns parenting right side up, putting parents back in the driver’s seat. His book *Hold On To Your Kids* is causing an international stir and is now available in sixteen languages.



April Quan is an authorized Neufeld course facilitator and parent consultant, and has been running parenting courses in Toronto for the past ten years. She has a Bachelor of Fine Arts, a Bachelor of Education, and is a member of the Ontario College of Teachers. She has been a teacher and administrator at Waldorf Academy and is a Certified Grief Recovery Specialist® with the Grief Recovery Institute®. She has two children, now wonderful young men.

truenorthparenting.ca

april@truenorthparenting.ca

416-320-0112 (text or voice mail)